



X39

Get Started

Start Your Patching Journey

- ✓ Order your patches ([Track your patches](#))
- ✓ Set your monthly autoship
- ✓ Join our Patch support [WhatsApp](#) group
- ✓ Testimonials only [WhatsApp](#) group
- ✓ [Arise Team Events Noticeboard](#)
- ✓ Complete [health tracker](#)
- ✓ Attend Monday Momentum 7:30pm AEST
- ✓ Contact your sponsor to tour backoffice
- ✓ Daily hydration 2.1 litres (filtered)
- ✓ Daily movement (walk 30 mins)
- ✓ [What to expect](#)
- ✓ [Australian Podcast with Onyx Coale & Functional Nutritionist Sally-Anne Kearns](#)

Product Information

- www.thisisitinfo.com
- [Australian Testimonies](#)
- [Monday Momentum Replays](#)
- [Google Docs resource](#)

Building The Business

- www.thisisitteam.com
- Opportunity Meeting Wed 8:30pm AEDT
- [First Step Manager](#)
- [Compensation Plan Explained](#)
- Getting Paid \$ Set up EWallet
- [Set up a Wise account video](#)
- [New Order Form](#)

Click where underlined to see more
Contact the person who introduced you to find out more

My Lifewave Username: _____
Password: _____
www.lifewave.com/ _____